







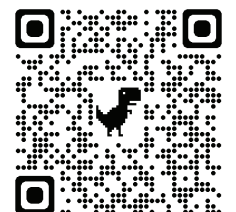


Ch.	Station
 366	48 Hours 🧑
 96	70's Cinema
 95	80's Rewind
 94	90's Throwback
 138	90210 Beverly Hills
 972	AAA Lucha Libre
 54	Action
 759	Action Sports
 494	Always Funny Videos
 939	Amantes Del Romance
 605	America's Test Kitchen 🧑
 240	<i>America's Voice</i>
 510	Andy Griffith Show
 666	Animals 🐸
 830	Anime All Day
 623	Antiques Road Trip
 621	Antiques Roadshow UK
 194	Awesomeness TV
 755	Backcountry 🏕️
 935	Badass Novelas
 293	Bar Rescue
 142	Baywatch 😎
 609	BBC Food 🧑
 610	BBC Home 🔧
 985	BBC Kids
 983	Bebecito Bum y sus Amigos
 740	BeIN Sports Xtra
 970	BeIN Sports Xtra <i>Esp.</i>
 730	Bellator MMA 🥊
 630	Best Life <i>Pluto</i>
 175	BET Her <i>Pluto</i>
 174	BET <i>Pluto</i>
 80	Black Cinema






Legend	
	Multicultural
	News, Weather, Info
	Music & Videos
	Movies & Comedy
	Relaxation 🧘
	Sports, Poker & Outdoors
	Gaming
	Kids & Family
	Spiritual



	503	Black Classics
	460	Black Throwbacks
	238	Blaze Live
	224	Bloomberg TV
	230	BNC Go
	176	Bounce XL
	728	Boxing 
	387	Britbox Mysteries 
	469	British Comedy 
	164	Buzzr
	971	CA Combate World
	819	Call Of Duty Gameplay
	663	Cars 
	635	Cats 24/7 
	204	CBS News
	1033	CBS News Baltimore
	1021	CBS News Bay Area
	1022	CBS News Boston
	1023	CBS News Chicago
	1025	CBS News Colorado
	1024	CBS News Dallas-FW
	207	CBS News Los Angeles
	1026	CBS News Los Angeles
	1027	CBS News Miami
	1028	CBS News Minnesota
	206	CBS News New York
	1029	CBS News New York
	1030	CBS News Philly
	1031	CBS News Pittsburgh
	1032	CBS News Sacramento
	702	CBS Sports HQ
	320	Celebrity
	226	Cheddar News
	116	Christmas 

If you accidentally change channels while watching a recording, try using your remote's "Last Channel" button to return to it.

Legend	
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	Relaxation 
	Sports, Poker & Outdoors
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	904	Cine Adrenalina
	908	Cine JaJa!!
	119	Cine Navideño 🎅
	901	Cine Premiere
	907	Cine Terror
	909	Cine XOXO
	189	CJ ENM 🇰🇷
	106	Classic Movies
	548	Classic Toons
	501	Classic TV Comedy
	520	Classic TV Drama
	502	Classic TV Families
	867	CMT Equal Play 🚚
	182	CMT Pluto 🚚
	209	CNN
	373	Cold Case Files 🕵️
	57	Comedy
	467	Comedy Central Animation
	954	Comedy Central <i>Esp.</i>
	465	Comedy Central <i>Pluto</i>
	367	Cops 🚔
	395	Court TV 🧑
	158	Courtroom 🧑
	120	Crackling Fireplace
	382	Crime 360 🕵️
	350	Crime Drama
	73	Crime Movies
	918	Crímenes Imperfectos
	355	CSI:
	912	CSI: <i>En Español</i>
	109	Cult Films
	614	Dabl
	315	Dallas Cowboys Cheer
	535	Dark Shadows

Ad Group A

2" x 4.5"

Your ad goes
HERE

*I sit on the living
room coffee
table. What a
great spot, right?*

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	165	Deal Or No Deal
	144	Degrassi
	172	Demand Africa
	532	Doctor Who Classic
	91	Documentaries [#2 best]
	287	Dog Bounty Hunter
	636	Dogs 24/7 🐕
	155	Dr. Phil
	60	Drama <i>Pluto</i>
	139	Drama Life <i>Pluto</i>
	156	Drew Barrymore Show
	920	Emergencia 911 🚒
	944	Entre Nosotras
	959	Estrella News
	946	Estrella TV
	190	ET Live
	958	EuroNews <i>Esp.</i>
	498	FailArmy
	643	Faith TV
	504	Family Ties
	66	Fantastic
	301	Fear Factor 🤖
	121	Festive Fireplace [w/ music]
	726	Fight 🥊
	1004	Find Out Why
	112	Flicks Of Fury
	601	Food TV 🍳
	930	Foodies <i>Esp.</i> 🍳
	370	Forensic Files 🕵️
	1014	Forever Kids
	817	Fortnite Gameplay
	705	Fox Sports
	450	Funny AF
	180	Fuse Beat

Ad Group B

2" x 2"

**Your ad goes
HERE**

Legend	
	Multicultural
	News, Weather, Info
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	Movies & Comedy
	Relaxation 🧘
	Sports, Poker & Outdoors
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	Kids & Family
	Spiritual

	800	G4 Select
	167	Game Show Central
	162	Game Shows <i>Pluto</i>
	801	Gamer <i>Pluto</i>
	1019	Garfield and Friends
	736	Glory Kickboxing 🥊
	1018	Grande'ish <i>Esp.</i>
	527	Gunsmoke 😊
	505	Happy Days
	140	Heartland
	294	Hell's Kitchen 🧑‍🍳
	931	Hell's Kitchen <i>Esp.</i> 🧑‍🍳
	898	Hillsong Music
	651	History <i>Pluto tv</i>
	122	Holiday Lights 🎅
	611	Home 🛠️
	118	Home for Holidays 🎅
	75	Horror 🧛‍♀️
	458	IFC Slightly Off
	805	IGN Ent.
	734	Impact Wrestling 🦊
	295	Ink Master
	917	Investiga
	603	Iron Chef 🧑‍🍳
	274	Jersey Shore
	514	Johnny Carson TV
	160	Judge Nosey 🧑‍⚖️
	519	Julia Child 🧑‍🍳
	1002	Kartoon Channel!
	462	Kevin Hart's LOL
	996	Kids Movie Club
	1006	Lego Kids TV
	982	Little Baby Bum
	980	Little Stars Universe

Did you know you can search this PDF for channels?

Simply use your *Find* or *Search* bar when viewing the document in your PDF viewer and type in the channel name (or number)!

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Ad Group C
6" x 3/4"

	855	Live Music Replay
	615	Lively Place
	276	Lives
	187	Logo <i>Pluto</i>
	147	Love Stories <i>Pluto</i>
	842	Lupin the 3rd
	522	Matlock
	750	MAVtv Select 🚒
	948	Mi Obsesión Favorita
	385	Midsomer Murders 🧑
	655	Military 🪖
	815	Minecraft TV
	523	Mission: Impossible
	924	Misterios Sin Resolver
	117	Mistletoe 🎅
	709	MLB ⚾
	712	MLS ⚽
	132	More TV Drama
	456	More TV Sitcoms
	488	MST3K Myst. Sci 3K
	952	MTV Acapulco Shore <i>Esp.</i>
	870	MTV Biggest Pop
	868	MTV Block Party
	330	MTV Dating [#3 best]
	953	MTV <i>En Español</i>
	178	MTV <i>Pluto</i>
	869	MTV Spankin' New
	873	MTV Yo!
	928	Mundo Geek
	922	Mundo Paranormal
	926	Mundo Viajero
	358	Narcos 🧑
	913	Narcos <i>En Español</i>
	836	Naruto

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	973	Naruto <i>Esp.</i>
	692	Naturescape
	213	NBC News Now
	1035	News 12 New York
	236	Newsmax TV
	232	Newsy
	708	NFL Channel
	992	Nick <i>En Español</i>
	978	Nick Jr. Dora TV
	976	Nick Jr. <i>En Español</i>
	975	Nick Jr. <i>Pluto</i>
	991	Nick <i>Pluto</i>
	994	Nick Totally Turtles
	987	Niños Por BBC Kids
	1016	No Parents Allowed
	159	Nosey
	966	Nosey Escándalos
	957	Noticias
	937	Novelas con la Abuela
	963	NV Nuestra Vision
	242	<i>OAN Plus</i>
	834	One Piece
	100	Paramount Movie Ch.
	126	Paramount Plus Picks
	669	Paranormal <i>Pluto</i> [#5]
	720	PBR Ride Pass
	903	Pelis y Popcorn
	340	People Are Awesome
	524	Perry Mason
	713	PGA Tour
	989	Pinkfong BabyShark TV
	51	Pluto Movies Spotlight
	202	Pluto tv News
	1008	Pocket.Watch

Please help the small guy out eh!?

We work hard to make these guides accurate and we don't charge for 'em.

Plus, we're so new, the internet barely knows us. So, please give us an **online review or a donation** to help us advertise?

Review Links

Google:

<https://g.page/PrintTVGuides/review?gm>

Facebook:

<https://tinyurl.com/wb3h5wet>

Donation Link (Paypal)

<https://tinyurl.com/yh3tkazd>

Thank you!



Donate (Paypal)

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	772	Poker Go ♠️
	492	Pranks <i>Pluto</i>
	732	Pro Wrestling 🦊
	998	Rainbow Squad
	55	Reaction
	275	Reality
	741	Real Madrid tv ⚽
	277	Rescue 911 🚒
	489	Rifftrax
	816	Roblox Gameplay
	70	Romance
	1010	Ryan and Friends
	965	Sala de Parejas
	151	Sci Fi 🛸
	672	Science 🔬
	902	Séptimo Arte
	916	Series con Ñ
	542	Shout Factory TV
	127	Showtime Selects
	292	Skills + Thrills
	221	Sky News 🇬🇧
	696	Slow TV
	653	Smithsonian Ch. Selects
	146	Soaps Pluto
	942	Sony Canal Comedias
	949	Sony Canal Escape Perfecto
	951	Spike ¡Extremo!
	291	Spike Outdoors 🌲
	290	Spike <i>Pluto</i>
	818	Sports Gameplay
	725	Sports <i>Pluto</i>
	90	Staff Picks
	468	Stand Up
	150	Star Trek 🛸

This is my other business. Based in Toronto, we transform balconies with outdoor deck tiles made from wood-plastic composites.

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	862	Stingray Classica 🎻
	135	Stories by AMC
	296	Survivor
	149	Suspense <i>Pluto</i>
	644	TBN
	1000	Team Spirit
	308	Teen Mom
	933	Telenovelas Clásicas
	76	Terror 🧛
	511	The Addams Family
	297	The Amazing Race
	115	The Asylum
	512	The Beverly Hillbillies
	518	The Bob Ross Channel
	516	The Carol Burnett Show
	298	The Challenge
	616	The Design Ntwk. 🛠️
	244	<i>The First</i>
	509	The Love Boat
	376	The New Detectives 🕵️
	637	The Pet Collective 🐕
	163	The Price Is Right
	529	The Rifleman 🧑‍🎖️
	914	The Walking Dead <i>Esp.</i>
	618	This Old House 🛠️
	508	Three's Company [#4]
	74	Thrillers
	619	Tiny House Nation 🛠️
	234	Today all day
	848	Tokushoutsu
	950	Top Gear <i>Esp.</i> 🏍️
	470	Tosh.O [#1 best]
	678	Travel 🏖️
	365	True Crime 🕵️

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	130	TV Land Drama
	455	TV Land Sitcoms
	246	TYT Network 🇹🇷
	379	Unsolved Mysteries 🧑‍🔬
	897	Vevo 2K
	894	Vevo 70'S
	895	Vevo 80'S
	896	Vevo 90'S
	892	Vevo Country 🚚
	123	Vevo Holiday
	887	Vevo Latino
	885	Vevo Pop
	890	Vevo R&B
	888	Vevo Reggaeton & Trap
	893	Vevo Retro Rock
	880	Vevo True School Hip-Hop
	285	VH-1 Black Ink Crew
	284	VH-1 Hip Hop Family
	282	VH-1 I Love Reality
	283	VH-1 Love & Hip-Hop
	915	Viaje a las Estrellas
	681	Voyager Documentaries
	303	VS. Pluto
	528	Wanted: Dead or Alive 🐒
	217	WeatherNation 🌩️
	632	Weddings
	526	Western TV 🐼
	103	Westerns 🐼
	310	WEtv All Reality
	480	Wild'N Out
	770	WPT Poker ♠️
	264	Yahoo Finance
	974	Yu-Gi-Oh! Esp.
	840	Yu-Gi-Oh! GX

Ad Group A

2" x 4.5"

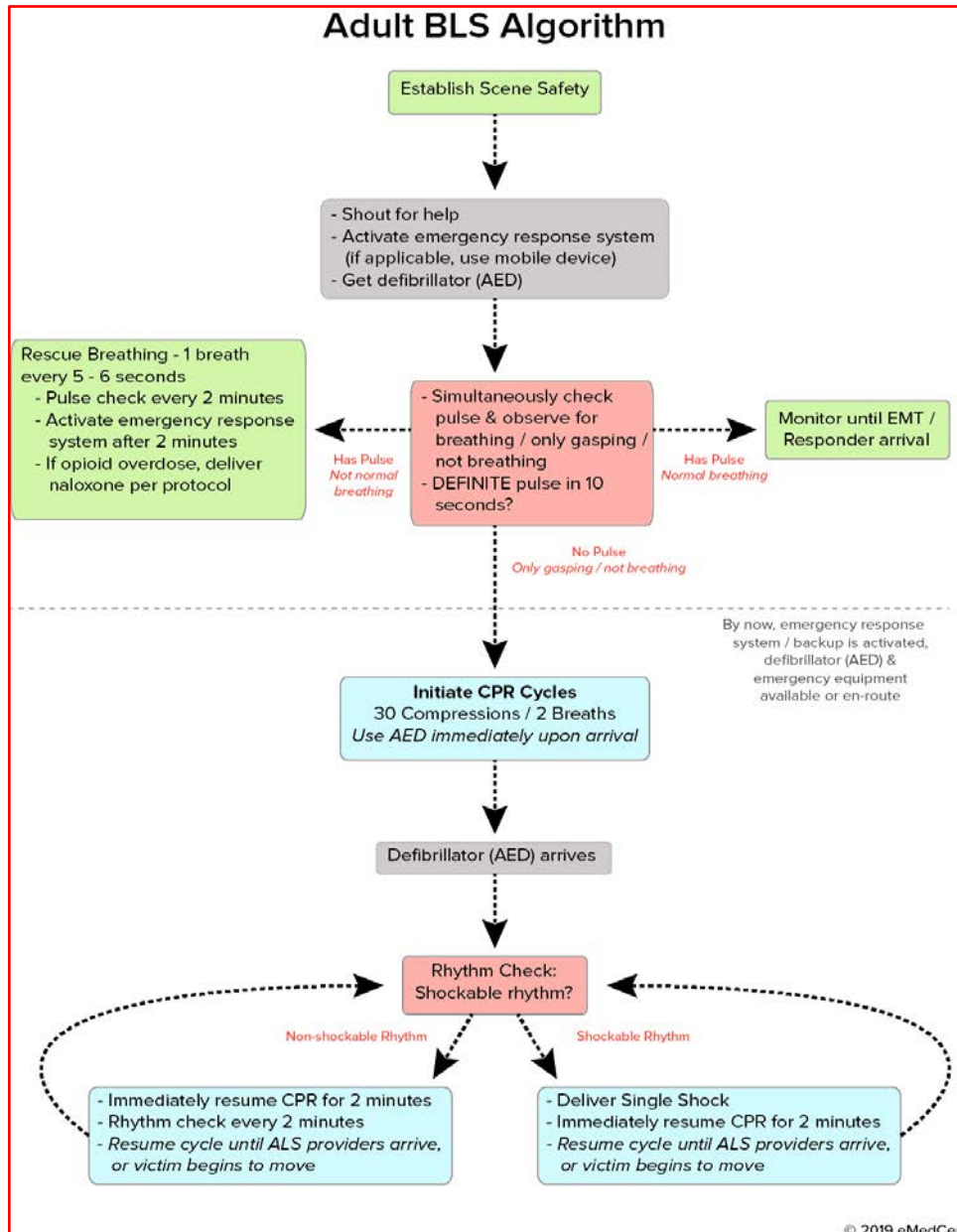
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*I sit on the living
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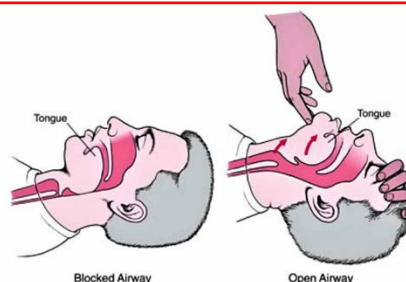
IF A PERSON BECOMES UNCONSCIOUS:

1. Ensure you are not in danger (such as exposure to live electrical wires, smoke or carbon monoxide)
2. Call for help (911, bystander and AED (defibrillator) if possible)
3. Check if responsive to *voice*, and if not, then to a *painful stimulus*. If not, then...
4. In a suspected opioid overdose or for children, open the airway with the chin tilt maneuver (bottom image). Pinch nose and give 3 rescue breaths and then...
5. Start chest compressions: In the middle of the chest with palm facing down and a straight arm, push fast, deep (1 inch at least) and hard. Do more than 1 compression per second.
6. Continue compressions and ventilations at a ratio of 30:2 (after 30 compressions, give 2 breaths)



Chin Tilt Maneuver (to open airway):

- 1) Tilt head back
- 2) Lift chin up and out
- 3) Create airtight seal (pinch nose, mouth seal)
- 4) Give slow breaths



*This information is purely an aid and not medical advice. Consult your doctor for details. See for more at <https://www.acls-pals-bls.com/algorithms/bls/>