



Ch.	Station
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Monthly Picks	
	100 NCAA Channel
	101 Racing America 🏎️
	102 Pluto TV Christmas 🎅
	103 Loupe Art [#4 best]
	104 MyTime Movie Network

	155	CBSN <i>Dallas</i>
	156	CBSN <i>Bay Area</i>
	157	CBSN <i>Boston</i>
	158	CBSN <i>Minnesota</i>
	159	CBSN <i>Denver</i>
	160	CBSN <i>Pittsburgh</i>
	161	CBSN <i>Sacramento</i>

News	
	122 CBS News
	123 NBC News NOW
	124 ABC News Live
	126 Local Now
	128 Accuweather 🌤️
	129 Bloomberg TV
	131 TODAY All day
	133 CNN
	135 TIME
	136 Newsy
	137 Law & Crime 🧑🏻‍⚖️
	138 Newsmax TV
	139 Pluto TV News
	141 CBC News 🇨🇦
	142 The Young Turks 🇹🇷
	144 Bloomberg Quicktake
	145 BNC GO
	146 Cheddar News
	147 USA TODAY News
	150 WeatherNation 🌤️
	151 CBSN <i>New York</i>
	152 CBSN <i>Los Angeles</i>
	153 CBSN <i>Chicago</i>
	154 CBSN <i>Philly</i>

Legend	
	Multicultural
	News, Weather & Info
	Spiritual
	Home Shopping
	Movies & Entertainment
	Music & Music Videos
	Relaxation
	Sports, Poker & Billiards
	Kids, Teens & Family

Comedy	
	199 Chive TV
	200 FailArmy
	201 Funny or Die
	202 Just for Laughs Gags
	203 Just for Laughs
	204 Comedy TV
	205 Comedy Central Pluto TV
	206 Comedy Central Animation
	207 Three's Company
	208 Above Average
	209 Dry Bar Comedy
	210 The Addams Family
	211 Comedy Dynamics
	212 The Johnny Carson Show
	213 The Pet Collective 🐕
	214 TV Land Sitcoms
	215 This is Happening
	216 Wild 'N Out
	217 LOL! Network
	219 The Love Boat



TV & Movies	
	220 Holiday Movies 🎅
	221 Pluto TV 007

Ch.	Station
222	Forensic Files 🧑‍🔬
223	Amazing Race
224	Survivor
225	Narcos 🧑‍🔬
226	Star Trek 🦋
227	CSI:
228	Redbox
229	Nashville Channel 🚚
230	Pluto TV Spotlight
231	Beverly Hillbillies 😊
233	Pluto TV Action
234	Pluto TV Comedy
235	Pluto TV Romance
236	Pluto TV Drama
237	Pluto TV Horror 🧛
238	Pluto TV Terror 🧛
239	Pluto TV Thrillers
241	Pluto TV Documentaries
242	Pluto TV Crime Drama
243	Paramount Movie Channel
245	Westerns 😊
246	SciFi & Fantasy Movies 🦋
247	Black Cinema
248	Action Movies
249	Comedy Movies
250	Movies
251	Documentaries
252	Pluto TV Westerns 😊
253	Her Movies
254	Stories by AMC
255	CineLife
256	Mission Impossible
257	Tribeca Channel

Ad Group A

2" x 4.5"

**Your ad goes
HERE**

I sit on the living room coffee table. What a great spot, right?

258	Runtime
259	FilmRise Free Movies
260	Hallmark Movies & More
261	Docurama
262	DOC+
263	Gravitas Movies
264	The Archive
265	Shout! Factory TV
266	History [#2 best]
267	American Classics
268	Alice Movies
269	Maverick Black Cinema
270	Hi-Yah!
271	Horror & Thriller 🧛
272	The Asylum
273	Killer Movies
274	Samuel Goldwyn Films
275	Xumo 80's TV
276	It's Showtime at the Apollo
277	80's Rewind
278	Classic Movies
279	90's Throwback
280	LoneStarClassics 😊

Entertainment	
281	True History
282	Pluto TV Animals 🦎
283	Pluto TV Celebrity 😎
284	Pluto TV Lives
285	Pluto TV Reality
286	Spike Outdoors 🌲
287	Spike Pluto TV
288	TV Land Drama

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Ch.	Station
289	Logo Pluto TV
290	Pluto TV Love Stories
292	MTV Pluto TV
293	MTV Dating
294	Pluto TV Drama Life
295	Showtime Selects
296	VH1 I Love Reality
297	VH1 Hip Hop Family
298	BET Pluto TV
299	BET Her
300	The Only Way is Essex
301	EI Rey
303	Degrassi
306	TPIR: The Barker Era
307	Fuse Sweat
308	ET Live 🕶️
309	Game Show Central
310	Family Feud
311	Deal or No Deal
312	Impossible – Quiz Show
313	Wu Tang Collection TV
314	Topic
315	ElectricNOW
316	Paranormal Files
317	RiffTrax 🎤
318	CON TV
319	Dust 👽
320	The Hollywood Reporter 🕶️
321	PeopleTV
322	Billboard
323	TMZ 🕶️
324	Spark TV
326	Bar Rescue

Ad Group B
2" x 2"
Your ad goes
HERE

327	Ink Master
332	VH1 Love & Hip Hop
333	MTV The Challenge
334	People Are Awesome
335	FOX Soul
336	VH1 Black Ink Crew
337	Real Nosey
338	The Simple Life
339	Nosey 🙄
340	Divorce Court 🙄
341	CMT Pluto TV 🚚
342	Court TV 🙄
343	Reality TV
345	Reelz Channel
346	Crime TV 🙄
347	Action & Drama TV
348	Rescue 911 🚒
349	Real Crime 🙄

Business & Tech	
351	Wired <i>[#1 best]</i>
352	Xplore 🦎
353	Pluto TV Sci-Fi 👽
354	Combat War Channel 🪖
355	Popular Science 🔬
356	Pluto TV Science 🔬
357	Pluto TV Military 🪖
358	PBS Digital Studios
359	The Grapevine
360	DangerTV
380	Architectural Digest
390	Pluto TV History

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Ch.	Station
Food, Drink & Travel	
	Food, Drink & Travel
400	Magellan TV
401	GoTraveler
402	Journy
403	Travel & Lifestyle TV
404	Food52
405	Bon Appétit
406	Tastemade
407	Cooking Light
408	America's Test Kitchen
410	Hungry
412	So Yummy
413	GustoTV
414	Pluto TV Cars
418	Pluto TV Paranormal
419	Pluto TV Travel

Ch.	Station
Lifestyle	
449	Love Nature
450	NatureVision TV
451	Stingray Naturescape
452	eScapes <small>[#5 fav]</small>
453	Weatherspy
454	WildEarth
455	QVC
456	Southern Living
457	HSN
458	Dabl
459	Pluto TV Best Life
460	Smithsonian <small>[#3 best]</small>
461	JTV Jewelry Love
462	Pluto TV Weddings
463	Revry

464	MotorVision.TV
465	PowerNation
466	The Bob Ross Channel
469	ShopLC
475	BBC Home
476	BBC Food
477	The Design Network
478	This Old House
480	Antiques Roadshow UK
481	Today's Homeowner
483	British Drama

If you accidentally change channels while watching a recording, try using your remote's "Last Channel" button to return to it.

Ch.	Station
International	
500	Cine Romántico
501	Cine Premiere
502	Love Nature Esp.
503	Zee Mundo <small>[also Ch. 529]</small>
504	MoovieMex
505	NovelaClub
506	Cine Adrenalina
507	Cine Terror
508	Investiga
509	Narcos en Español
510	Kocowa
511	NEW K.ID
513	Mi Obsesión Favorita
514	Foodies
515	Demand Africa
516	Mundo Geek
517	Mundo Viajero
519	Saber Más Gebien
520	Nick Español
521	Nick Jr. Español

Ch.	Station
522	MTV Español
523	Comedy Central Esp.
524	Unsolved Mysteries Esp. 🧐
525	Cine Sureño
526	Tastemade en Español 🍷
527	Top Cine
528	Tu Cine
529	Zee Mundo <i>[also Ch. 503]</i>
530	Bambu
531	EstrellaTV
532	YG TV
534	New K.Movies
535	Whosfan News
536	New K.FOOD
538	Billiards TV Esp. 🎱
550	Trinity Broadcast Network
551	CSI en Español
552	Hell's Kitchen Esp. 🍳
559	EncourageTV
560	Dove Channel Esp. 🕊️
561	Pluto TV 007 en Español
562	Rakuten Viki
563	OnDemandChina 🇨🇳
598	Jubao 🇨🇳
599	FREE Family Movies

Kids & Family

600	Pluto TV Fantastic
601	HooplaKidz
602	Toon Goggles
603	batteryPOP
604	Ameba
605	Puddle Jumper

Please help the small guy out eh!?

We work hard to make these guides accurate and we don't charge for 'em.

Plus, we're so new, the internet barely knows us. So, please give us an **online review or a donation** to help us advertise?

Review Links

Google: <https://g.page/PrintTVGuides/review?gm>
 Facebook: <https://tinyurl.com/wb3h5wet>

Donation Link (Paypal)

<https://tinyurl.com/yh3tkazd>



Donate (Paypal)



606	Mr. Bean & Friends
607	Ryan and Friends
608	CoolSchool
609	Kartoon Channel!
610	Kids TV
611	Kabillion
612	Kids Movie Club
613	Nick Pluto TV
614	Nick Jr. Pluto TV
615	Little Baby Bum
616	Roblox Gameplay 🎮
617	Totally Turtles 🐢
618	Dora TV
619	No Parents Allowed
620	Little Star Universe
621	Forever Kids
622	Xumo Kids TV

Sports

700	Pluto TV Sports
701	CBSN Sports
702	Billiards TV 🎱
703	PBR Ride Pass 🐮
704	Fight 🥊
708	World Poker Tour 🃏
709	MLB ⚾️
710	PlayersTV
711	FTF Next
715	Pluto TV Boxing 🥊
717	Outdoor America 🏕️
718	WaypointTV 🚤
719	SportsGrid
720	World Surf League 🏄

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721	Outside TV+ 🏔️
722	EDGEsport 🎮
723	Pluto TV Pro Wrestling 🐼
725	Field & Stream
726	Adventure Sports Ntwk
727	Thrill One Network
728	Insight TV
729	Glory Kickboxing 🥊
730	Impact Wrestling 🐼
731	Hard Knocks 🥊
732	Combat Go 🥊
733	USA Today SportsWire
734	USGA 🏌️
735	PokerGo ♠️
738	PAC-12 Insider
739	ACC Digital Network
740	FOX Sports
741	FOX Deportes ⚽
742	fubo Sports Network
743	Pluto TV Gamer 🎮
745	Stadium
746	beIN Sports Xtra ⚽
747	beIN Sports Xtra en Español
750	PGA Tour 🏌️

814	Stingray Soul Storm
815	Stingray Everything 90s
816	Got Talent Global
817	Circle 🚚
818	Vevo Pop
819	Vevo '80s
820	Live X Live
821	Fuse Backstage
824	MTV Biggest Pop
826	Yo! MTV
827	Latido Music
828	Complex
829	Stingray Qello Concerts
831	Mubeat

New

864	90210 Beverly Hills
998	Mystery Science MST3K
999	Best of LG Channels

Music

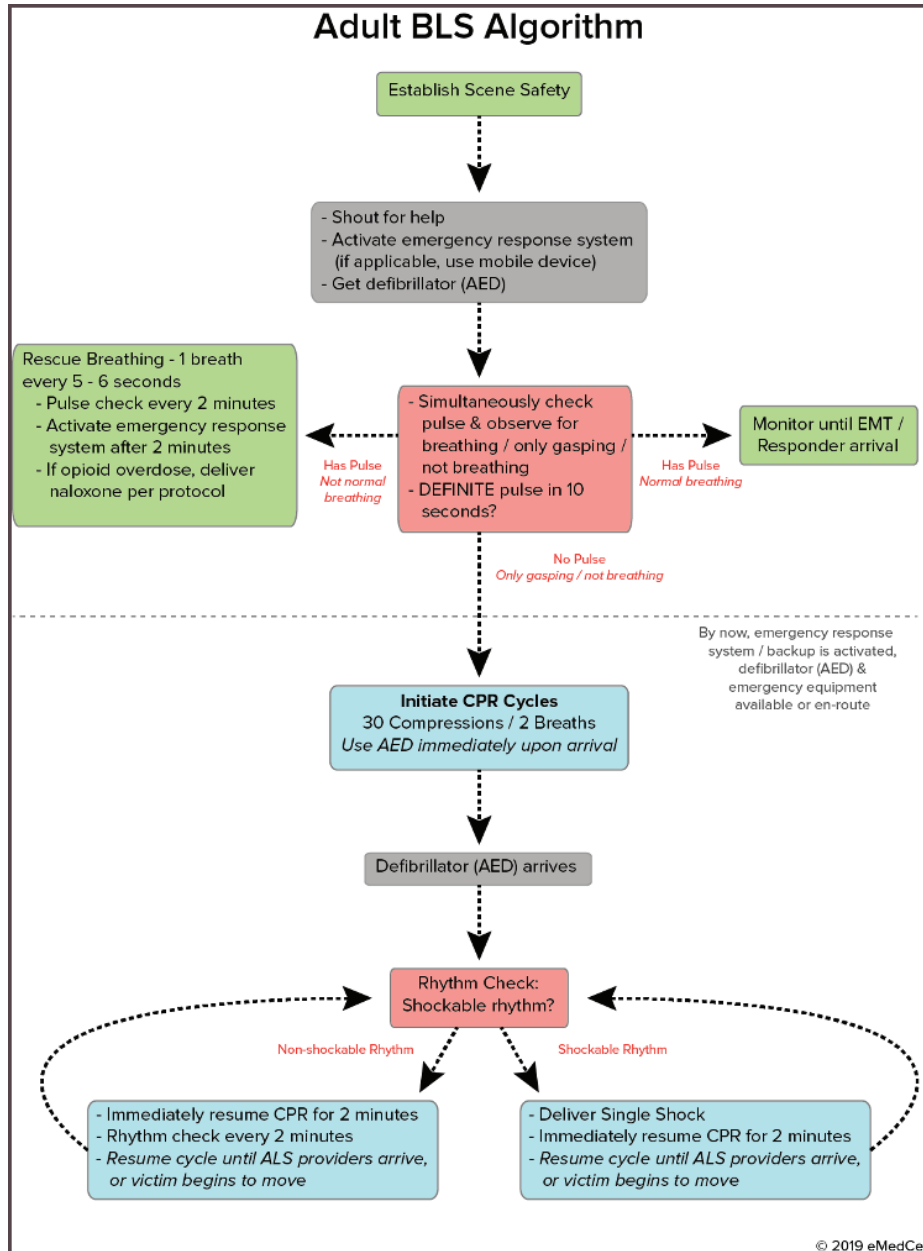
800	MTV Spankin'
801	MTV Block Party
802	Loupe <i> [#4 best]</i>
810	Stingray Hitlist
811	Stingray Greatest Hits
812	Stingray Hot Country 🚚
813	Stingray Classic Rock

Legend

🟢	Multicultural
🔴	News, Weather & Info
🟡	Spiritual
🟣	Home Shopping
🟠	Movies & Entertainment
🟤	Music & Music Videos
🟦	Relaxation
🟩	Sports, Poker & Billiards
🟨	Kids, Teens & Family

WHAT TO DO IF A PERSON FALLS UNCONSCIOUS (see BLS flowchart below):

1. Ensure you are not in danger (e.g. exposure to electricity or carbon monoxide)
2. Call for help (911 and/or for bystander)
3. Check for responsiveness verbally, and if not, to a painful stimulus. If no response, then...
4. Start chest compressions (fast and hard! >1 per second)
5. *In suspected opioid overdoses and children, give 3 small rescue breaths before compressions. Attempt to open airway with Chin Tilt Maneuver (*bottom image*)
6. Continue CPR and ventilations at ratio of 30:2 (meaning, after thirty compressions, give two rescue breaths)
7. Reassess patient and quickly return to compressions/ventilations (#4)



Chin tilt maneuver to open a person's airway (helps airflow for rescue breathing):

- 1) Tilt head back
- 2) Pull chin up

