



Ch.	Station
829	'70's
1578	'70's
828	'80s
1577	'80s
827	'90s
1576	'90s
34750	5 StarMAX HD <i>East</i>
23	A&E
623	A&E HD <i>East</i>
1402	A&E HD <i>East</i>
17	Access TV
1075	Access TV
37335	ACMAs
1824	ActionMAX
816	Adult Alternative
1565	Adult Alternative
26850	Adult Swim
1623	Afro
401	Afro SD
815	Alternative
1564	Alternative
57	AMC
657	AMC HD
1405	AMC HD
666	AMC+
1406	AMC+
1816	AMC+
338	American Heroes 🇺🇸
1480	American Heroes HD 🇺🇸
42	Animal Planet
642	Animal Planet HD 🌿
1471	Animal Planet HD 🌿
3275	Antenna TV 🇺🇸

SD	Standard Definition
HD	High Definition
Grey	Non-network channel
	Local Channels
	Multicultural
	News & Weather
	Music & Videos
	Relaxation 🧘
	Movies & Entertain.
	Sports
	Home Shopping
	Kids, Teens & Family
	Spiritual

Ch.	Station
3245	Art America
1627	Aspire HD
39	AT&T SportsNet Southwest
639	AT&T SportsNet Southwest HD
1251	AT&T SportsNet Southwest HD
710	AT&T SportsNet Southwest Plus HD
1255	AT&T SportsNet Southwest Plus HD
3108	ATN ABP News
673	AXS TV
1613	AXS TV
518	BabyFirst Esp 🍼
345	BabyFirst TV 🍼
1709	BabyFirst TV 🍼
637	Bally Sports Southwest HD Z2
1250	Bally Sports Southwest HD Z2
37	Bally Sports Southwest Z2
3211	Band Internacional HD
3291	Band Internacional
226	BBC America 🇬🇧
730	BBC America HD 🇬🇧
1418	BBC America HD 🇬🇧
233	BBC World News
1117	BBC World News HD
46	BET
32600	BET Gospel SD
646	BET HD
1625	BET HD
223	BET Her
1628	BET Her HD
32700	BET Hip Hop
262	BET Jams
1633	BET Jams
265	BET Soul



Ch.	Station
1630	BET Soul
707	Big Ten HD
1313	Big Ten HD
123	Big Ten Network
235	Bloomberg TV
669	Bloomberg TV HD
1122	Bloomberg TV HD
846	Blues
1595	Blues
1116	BNC Black News Ch
343	Boomerang
1735	Boomerang
65	Bravo
665	Bravo HD
1463	Bravo HD
24000	BTN Overflow 1 HD
24100	BTN Overflow 2 HD
25	Cable News Network
543	Canal ESNE
3344	Canal ESNE
531	Canal RCN Telenovelas
529	Canal Sur
556	Caracol Internacional
22	Cartoon Network
622	Cartoon Network HD
1734	Cartoon Network HD
106	CBS Sports Network
706	CBS Sports Network HD
1303	CBS Sports Network HD
3135	CCTV4-China Central
508	Centroamerica TV
3229	Channel One Russia
21250	Cheddar News

Ad Group A
2.18" x 4.36"
**Your ad goes
HERE**
On the living room
coffee table, this ad
clearly has GREAT
potential


































Ch.	Station
524	Cine Latino
500	Cine Mexicano
538	Cinema Dinamita
425	Cinemax
434	Cinemax HD
1820	Cinemax HD
34770	Cinemax Spanish HD
426	Cinemax West
1821	Cinemax West
834	Classic Country
1583	Classic Country
818	Classic Rock
1567	Classic Rock
849	Classical Masterpieces
1598	Classical Masterpieces
242	Cleo TV
1624	Cleo TV HD
222	CMT
722	CMT HD 🚚
1608	CMT HD 🚚
263	CMT Music
1619	CMT Music 🚚
45	CNBC
645	CNBC HD
1121	CNBC HD
509	CNN en Español
625	CNN HD
1111	CNN HD
59	Comedy Central
659	Comedy Central HD
1435	Comedy Central HD
1437	Comedy.TV HD
835	Contemporary Christian

	Ch.	Station
	1584	Contemporary Christian
	225	Cooking Ch. 🧑‍🍳
	1485	Cooking Ch. HD 🧑‍🍳
	833	Country Hits
	1582	Country Hits
	257	Cowboy Ch. 🤠
	1656	Cowboy Channel 🤠
	272	Crime + Investigation
	1445	Crime + Investigation
	56	CSPAN
	1128	CSPAN HD
	208	CSPAN2
	1129	CSPAN2 HD
	209	CSPAN3
	1130	CSPAN3 HD
	3234	CTC 🇨🇪
	3138	CTI Zhong Tian Ch.
	803	Dance/EDM
	1552	Dance/EDM
	328	Destination America
	679	Destination America HD
	1487	Destination America HD
	29	Discovery [#2 best]
	629	Discovery HD [#2 best]
	1449	Discovery HD [#2 best]
	515	Discovery en Español
	3371	Discovery en Español
	504	Discovery Familia
	3335	Discovery Familia HD
	336	Discovery Family
	742	Discovery Family HD
	1714	Discovery Family HD
	126	Discovery Life


































Did you know you can search the PDF version of this guide for a particular channel?

Simply use your Find or Search bar when viewing the document in your PDF viewer and type in the channel of interest!

	Ch.	Station
	1497	Discovery Life HD
	41	Disney Channel
	641	Disney Channel HD
	1715	Disney Channel HD
	344	Disney Junior
	1701	Disney Junior HD
	341	Disney XD
	741	Disney XD HD
	1716	Disney XD HD
	211	DIY Network 🛠️
	1493	DIY Network HD 🛠️
	547	Dominicana
	3260	DW Deutsch+ 🇩🇪
	44	E! 😎
	644	E! HD 😎
	1466	E! HD 😎
	848	Easy Listening
	1597	Easy Listening
	557	Ecuavisa Internacional
	18	Educational
	1080	Educational
	411	Epix <i>East</i>
	418	Epix <i>East</i>
	412	Epix HD
	467	Epix HD
	1871	Epix HD
	1873	Epix 2 HD
	413	Epix 2 SD
	415	Epix Drive-in
	1875	Epix Drive-in HD
	1874	Epix Hits
	414	Epix Hits SD
	513	ESPN Deportes

	Ch.	Station
	558	ESPN Deportes HD
	1231	ESPN Deportes HD
	33	ESPN
	633	ESPN HD
	1205	ESPN HD
	34	ESPN2
	634	ESPN2 HD
	1206	ESPN2 HD
	116	ESPNNews
	716	ESPNNews HD
	1210	ESPNNews HD
	125	ESPNU
	725	ESPNU HD
	1301	ESPNU HD
	530	ETBN Enlace
	1668	Eternal Word HD
	204	Eternal Word Television Network
	3140	ETTV Super Channel
	520	EWTN Español
	37345	Flashback 70's
	170	Flix
	1771	Flix HD
	52	Food Network 🍳
	1484	Food Network HD 🍳
	652	Food Network HD 🍳
	234	Fox Business
	677	Fox Business HD
	1123	Fox Business HD
	512	Fox Deportes
	559	Fox Deportes HD
	1230	Fox Deportes HD
	535	Fox Life
	38	Fox News

Ad Group B
2.18" x 2.18"
**Your ad goes
HERE**

	Ch.	Station
	638	Fox News HD
	1110	Fox News HD
	114	Fox Sports 1
	601	Fox Sports 1 HD
	1208	Fox Sports 1 HD
	111	Fox Sports 2
	599	Fox Sports 2 HD
	1209	Fox Sports 2 HD
	32	Freeform
	632	Freeform HD
	1742	Freeform HD
	31	FX
	631	FX HD
	1409	FX HD
	397	FXM
	1766	FXM HD
	105	FXX
	704	FXX HD
	1410	FXX HD
	228	FYI
	672	FYI Channel HD
	1486	FYI Channel HD
	218	GAC Family 🇺🇸
	1620	GAC Family HD 🇺🇸
	50	Galavisión
	517	Galavisión
	650	Galavisión HD
	339	Game Show Network
	724	Game Show Network HD
	1425	Game Show Network HD
	3196	GMA Life TV
	3195	GMA Pinoy TV 🇵🇭
	35	Golf Ch. 🏌️

Ch.	Station
635	Golf Ch. HD
1223	Golf Ch. HD
811	Gospel
1560	Gospel
24	Hallmark Channel
624	Hallmark Channel HD
1458	Hallmark Channel HD
1460	Hallmark Drama
104	Hallmark Drama SD
680	Hallmark Movies & Mysteries HD
1459	Hallmark Movies & Mysteries HD
103	Hallmark Movies-Mysteries
444	HBO
460	HBO HD
1802	HBO HD
446	HBO2
461	HBO2 HD
1804	HBO2 HD
452	HBO Comedy
1810	HBO Comedy
450	HBO Family
1808	HBO Family
456	HBO Latino
465	HBO Latino HD
1814	HBO Latino HD
448	HBO Signature
464	HBO Signature HD
1806	HBO Signature HD
445	HBO <i>West</i>
1803	HBO <i>West</i>
454	HBO Zone
1812	HBO Zone
47	HGTV

**Please help the small
guy out eh!?**

We work hard to make these guides accurate and up to date and we don't charge for 'em.
























Plus, we're so new, "Printable TV Channel Guides" that is, that the internet barely knows us. So, please give us an online review? Do I have to beg?


































Review Links (these are clickable on the PDF version)

Google:
<https://g.page/Print-TVGuides/review?gm>

Facebook:
<https://tinyurl.com/wb3h5wet>

Ch.	Station
647	HGTV HD
1492	HGTV HD
805	Hip-Hop and R&B
1554	Hip-Hop and R&B
807	Hip-Hop Classics
1556	Hip-Hop Classics
58	History <i>[#3 best]</i>
1478	History HD <i>[#3 best]</i>
658	History HD <i>[#3 best]</i>
3377	History Ch. Español HD
516	History en Español
801	Hit List
1550	Hit List
526	HITN
435	Hitz
1817	Hitz
1880	Hitz
1899	Hitz
436	Hitz 2
1818	Hitz 2
1881	Hitz 2
1898	Hitz 2
437	Hitz 3
1819	Hitz 3
26	HLN
626	HLN HD
1112	HLN HD
64	Home Shopping Network
37305	Hot Country
19	Houston Comm. Coll.
1081	Houston Comm. Coll.
664	HSN HD
1015	HSN HD

	Ch.	Station
	81	HSN2
	1040	HSN2
	1118	i24 News English HD
	399	IFC
	799	IFC HD
	1438	IFC HD
	264	Impact Network
	1682	Impact Network
	3230	Impact Network Esp
	804	Indie
	1553	Indie
	202	INSP
	1655	INSP HD
	213	Investigation Discovery
	713	Investigation Discovery HD
	1444	Investigation Discovery HD
	3250	Israeli Network 
	3150	Jade San Francisco
	845	Jazz 
	1594	Jazz 
	1684	JBS HD 
	174	Jewelry Television
	1021	Jewelry Television
	1052	Jewelry Television HD
	1685	Jewish Life TV 
	268	Jewish Life TV 
	1446	Justice Central HD 
	527	Kanal D Drama SD
	37355	Karaoke
	14	KETH
	618	KETH-DT
	1014	KETH-DT
	15	KFTH

	Ch.	Station
	615	KFTH-DT
	1067	KFTH-DT
	11	KHOU
	611	KHOU-DT
	1011	KHOU-DT
	310	KHOU-DT2
	1154	KHOU-DT2
	309	KHOU-DT3
	1155	KHOU-DT3
	5	KIAH
	605	KIAH-DT
	1039	KIAH-DT
	318	KIAH-DT2
	1158	KIAH-DT2
	317	KIAH-DT3
	1159	KIAH-DT3
	824	Kids Only!
	1573	Kids Only!
	498	Kids Street
	1722	Kids Street
	20	KLTJ
	322	KLTJ
	1022	KLTJ
	12	KPRC
	612	KPRC-DT
	1002	KPRC-DT
	320	KPRC-DT2
	1163	KPRC-DT2
	319	KPRC-DT3
	1162	KPRC-DT3
	7	KPXB
	607	KPXB-DT
	1049	KPXB-DT

Ad Group C
6" x 0.85"
Your ad goes HERE













































	Ch.	Station
FOX	9	KRIV
FOX	609	KRIV-DT
FOX	1026	KRIV-DT
DECADES	305	KRIV-DT2
DECADES	1175	KRIV-DT2
QUEST	614	KTBU-DT
QUEST	1055	KTBU-DT
QUEST	55	KTBU-DT SD
T TELEMUNDO	6	KTMD
T HD	606	KTMD-DT
T HD	1047	KTMD-DT
X	326	KTMD-DT2
X	1166	KTMD-DT2
LX	325	KTMD-DT3
LX	1167	KTMD-DT3
abc	13	KTRK
abc	613	KTRK-DT
abc	1013	KTRK-DT
LOCAL 13	685	KTRK-DT2
LOCAL 13	1170	KTRK-DT2
my TV	4	KTXH
my TV	604	KTXH-DT
my TV	1020	KTXH-DT
MOVIES	308	KTXH-DT2
MOVIES	1176	KTXH-DT2
the Qrio	307	KTXH-DT3
the Qrio	1173	KTXH-DT3
BUZZR	306	KTXH-DT4
BUZZR	1174	KTXH-DT4
KUBE HOUSTON	53	KUBE
KUBE HOUSTON	653	KUBE
KUBE HOUSTON	1057	KUBE-DT
PBS	8	KUHT

	Ch.	Station
PBS	608	KUHT-DT
PBS	1008	KUHT-DT
create	323	KUHT-DT2
create	1150	KUHT-DT2
PBS SITE 5	324	KUHT-DT3
PBS SITE 5	1151	KUHT-DT3
WORLD	304	KUHT-DT4
WORLD	1152	KUHT-DT4
UNIVISION	10	KXLN
UNIVISION	610	KXLN-DT
UNIVISION	1045	KXLN-DT
MeTV	2	KYAZ
MeTV	616	KYAZ-DT
MeTV	1051	KYAZ-DT
MeTV	1182	KYAZ-DT2
azteca america	301	KYAZ-DT3
azteca america	1181	KYAZ-DT3
ESTRELLA TV	3	KZJL
ESTRELLA TV	617	KZJL-DT
ESTRELLA TV	1061	KZJL-DT
IAS	514	Latin American Sports
Leased Access	75	Leased Access
Leased Access	1098	Leased Access
Lifetime	40	Lifetime
Lifetime	640	Lifetime HD
Lifetime	1455	Lifetime HD
mc MUSIC CLASSICAL	850	Light Classical
mc MUSIC CLASSICAL	1599	Light Classical
LMN	119	LMN
LMN	671	LMN HD
LMN	1456	LMN HD
Logo	160	Logo
Logo	1439	Logo HD





































	Ch.	Station
	820	Love Songs
	1569	Love Songs
	802	Max
	1551	Max
	3281	Mediaset Italia 🇮🇹
	814	Metal
	1563	Metal
	838	Mexicana
	1587	Mexicana
	539	Mexicana
	273	Military History 🇺🇸
	1479	Military History 🇺🇸
	3001	MLB Extra Innings <i>Teams-</i>
	3030	MLB Extra Innings <i>Teams</i>
	108	MLB Network ⚾
	682	MLB Network HD ⚾
	1219	MLB Network HD ⚾
	1822	MoreMAX
	670	Motortrend HD 🚗
	1243	Motortrend HD 🚗
	34740	MovieMax HD
	80	MSNBC
	668	MSNBC HD
	1113	MSNBC HD
	30	MTV
	630	MTV HD
	1606	MTV HD
	220	MTV2
	1639	MTV2 HD
	219	MTV Classic
	1614	MTV Classic
	674	MTV Live
	1612	MTV Live


































Ad Group A
2.18" x 4.36"
Your ad goes
HERE
On the living room
coffee table, this ad
clearly has GREAT
potential

	Ch.	Station
	521	Multimedios
	16	Municipal Access
	1070	Municipal Access
	837	Musica Urbana
	1586	Musica Urbana
	205	NASA TV 🚀
	1481	NASA HD 🚀
	335	Nat Geo
	676	Nat Geo HD
	1473	Nat Geo HD
	250	Nat Geo Wild 🦎
	687	Nat Geo Wild HD 🦎
	1472	Nat Geo Wild HD 🦎
	37350	Naturescape
	3034	NBA League Pass <i>Teams-</i>
	3063	NBA League Pass <i>Teams</i>
	101	NBA TV 🏀
	602	NBA TV HD 🏀
	1218	NBA TV HD 🏀
	21550	NBC Sports <i>Northwest</i> HD
	49	NBCSN
	649	NBCSN HD
	1207	NBCSN HD
	3109	NDTV 24/7
	1115	Newsmax TV HD
	654	NewsNation
	1420	NewsNation
	54	NewsNation SD
	113	NFL Network 🏈
	600	NFL Network HD 🏈
	1215	NFL Network HD 🏈
	130	NFL RedZone
	714	NFL RedZone HD 🏈







































Ch.	Station
 1216	NFL RedZone HD 
 3067	NHL Center Ice <i>Teams-</i>
 3098	NHL Center Ice <i>Teams</i>
 124	NHL Network 
 681	NHL Network HD 
 1217	NHL Network HD 
 43	Nickelodeon
 643	Nickelodeon HD
 1728	Nickelodeon HD
 275	Nick Too <i>East</i>
 1729	Nick Too HD <i>East</i>
 342	Nick Jr 
 1702	Nick Jr HD 
 261	Nick Music
 1615	Nick Music
 348	Nicktoons
 1727	Nicktoons HD
 3228	NTV America (HTB)
 540	Nuestra Tele Int.
 675	Olympic Ch. 
 1222	Olympic Ch. 
 501	Once
 66	Oprah
 655	Oprah HD
 1464	Oprah HD
 115	Outdoor Ch. 
 708	Outdoor Ch. HD 
 1236	Outdoor Ch. HD 
 34760	OuterMAX HD
 118	Ovation
 1462	Ovation HD
 327	Oxygen 
 718	Oxygen HD 

If you accidentally change channels while watching a recording, try using your remote's "Last Channel" button to return to it.

Ch.	Station
 1465	Oxygen HD 
 24800	Pac-12 Arizona HD
 24900	Pac-12 Bay Area HD
 25000	Pac-12 Los Angeles HD
 25100	Pac-12 Mountain HD
 24700	Pac-12 Network HD
 25200	Pac-12 Oregon HD
 25300	Pac-12 Washington HD
 48	Paramount Network
 648	Paramount Network HD
 1412	Paramount Network HD
 822	Party Favorites
 1571	Party Favorites
 505	Pasion TV
 3137	Phoenix Info News
 3139	Phoenix Satellite TV
 100	Pop
 1427	Pop HD
 831	Pop & Country
 1580	Pop & Country
 37315	Pop Adult
 821	Pop Hits
 1570	Pop Hits
 836	Pop Latino
 1585	Pop Latino
 276	Positiv TV
 1664	Positiv TV
 497	Primo TV
 1721	Primo TV
 1238	Pursuit Ch. 
 241	Pursuit Channel 
 37360	Qello Concerts Stingray
 28	QVC

	Ch.	Station
QVC	628	QVC HD
QVC	1010	QVC HD
QVC-2	712	QVC2 HD
QVC-2	1048	QVC2 HD
QVC-3	719	QVC3 HD
QVC-3	1060	QVC3 HD
	809	R&B Classics
	1558	R&B Classics
	810	R&B Soul
	1559	R&B Soul
	3280	Rai Italia HD 
	3295	Rai Italia SD 
	806	Rap
	1555	Rap
	1483	Recipe TV HD 
	3292	Record International
	3212	Record International HD
	3293	Rede Globo TV Int.
	3213	Rede Globo TV Int. HD
	102	Reelz
	1429	Reelz HD
	812	Reggae 
	1561	Reggae 
	37325	Remember the '80s
	1637	Revolt HD
	813	Rock
	1562	Rock
	37310	Rock Alternative
	817	Rock Hits
	1566	Rock Hits
	840	Romances
	1589	Romances
	3233	Rossiya 24 

Ad Group B
2.18" x 2.18"
**Your ad goes
HERE**


































	Ch.	Station
	3226	RTN-WMNB 
	3217	RTPi RadioTV Portuguesa
	3232	RTR Planeta 
	3225	RTV International US
	3227	Russian Kino
	3185	Saigon Broadcasting
	337	Science Ch. 
	678	Science Ch. HD 
	1451	Science Ch. HD 
	409	ScreenPix
	1786	ScreenPix HD
	419	ScreenPix Action
	1787	ScreenPix Action HD
	406	ScreenPix Voices
	1788	ScreenPix Voices HD
	404	ScreenPix Westerns
	1789	ScreenPix Westerns
	142	SEC A
	1322	SEC A HD
	24600	SEC A HD
	140	SEC Network
	24500	SEC Network
	715	SEC Network HD
	1321	SEC Network HD
	3289	SET
	3106	SET HD
	1844	SHO x BET
	479	SHO x BET
	175	ShopHQ
	1046	ShopHQ HD
	474	Showtime
	470	Showtime HD
	1840	Showtime HD
































Ch.	Station
SHOWTIME HD	34800 Showtime HD
SHOWTIME HD	34801 Showtime HD <i>West</i>
SHOWTIME	475 Showtime 2
SHOWTIME	1842 Showtime 2
SHOWTIME EXTREME	1848 Showtime Extreme
SHOWTIME EXTREME	480 Showtime Extreme
FAMILY	483 Showtime Familyzone
FAMILY	1852 Showtime FamilyZone
NEXT	481 Showtime Next
NEXT	1854 Showtime Next
SHOWCASE	1846 Showtime Showcase
SHOWCASE	476 Showtime Showcase
WOMEN	482 Showtime Women
WOMEN	1850 Showtime Women
SIC INTERNACIONAL	3216 SIC Internacional
ME	847 Singers & Swing
ME	1596 Singers & Swing
SKY NEWS	20950 Sky News HD
SMITHSONIAN	334 Smithsonian [#1 fav]
SMITHSONIAN	1477 Smithsonian HD [#1 fav]
ME	844 Smooth Jazz
ME	1593 Smooth Jazz
ME	819 Soft Rock
ME	1568 Soft Rock
ME	830 Solid Gold Oldies
ME	1579 Solid Gold Oldies
SON LIFE	76 SonLife Broadcasting
SON LIFE	1099 SonLife Broadcasting
SONY CINE	544 Sony Cine
SONY CINE	3443 Sony Cine
ME	841 Sounds of the Seasons
ME	1590 Sounds of the Seasons
ME	843 Soundscapes




































Benefits of high definition (HD) over standard definition (SD) include:














1. Better screen resolution, which translates to better image quality,
2. Larger, undistorted pictures (no empty black areas to the sides of the picture),
3. Better sound quality!












Ch.	Station
ME	1592 Soundscapes
LOCAL SPORTS	110 Sports Houston
SPORTSMAN	131 Sportsman Ch.
SPORTSMAN	709 Sportsman Ch. HD
SPORTSMAN	1237 Sportsman Ch. HD
SPORT TV	3210 SporTV
ME	842 Stage & Screen
ME	1591 Stage & Screen
STARZ	410 Starz
STARZ HD	416 Starz HD
STARZ HD	1868 Starz HD
STARZ HD	35600 Starz HD
STARZ HD	35601 Starz HD <i>West</i>
STARZ ENCORE	400 Starz Encore
STARZ ENCORE HD	408 Starz Encore HD
STARZ ENCORE HD	1773 Starz Encore HD
STARZ ENCORE ACTION	405 Starz Encore Action
STARZ ENCORE ACTION	1775 Starz Encore Action
STARZ ENCORE BLACK	407 Starz Encore Black
STARZ ENCORE BLACK	1777 Starz Encore Black
STARZ ENCORE WESTERNS	403 Starz Encore Westerns
STARZ ENCORE WESTERNS	1784 Starz Encore Westerns
SUNDANCE TV	398 SundanceTV
SUNDANCE TV HD	1440 SundanceTV HD
SUR PERU	542 Sur Peru
SYFY	60 SyFy
SYFY	660 Syfy HD
SYFY	1411 Syfy HD
TASTEMADE	33050 Tastemade
TBS	51 TBS
TBS	651 TBS HD
TBS	1434 TBS HD
ME	823 Teen Beats

Ch.	Station
 1572	Teen Beats
 347	Teen Nick
 1740	Teen Nick HD
 545	Telefe Internacional
 502	Teleformula
 112	Tennis Ch. 🟡
 705	Tennis Ch. HD 🟡
 1224	Tennis Ch. HD 🟡
 240	The Africa Channel
 1629	The Africa Channel
 3194	The Filipino Channel HD
 3296	The Filipino Channel <i>West</i>
 488	The Movie Channel
 1860	The Movie Channel
 489	The Movie Channel Extra
 1862	The Movie Channel Extra
 27	The Weather Channel
 627	The Weather Channel HD
 1826	ThrillerMAX
 808	Throwback Jams
 1557	Throwback Jams
 63	TLC
 663	TLC HD
 1450	TLC HD
 36	TNT
 636	TNT HD
 1404	TNT HD
 832	Today's Country
 1581	Today's Country
 37330	Today's Latin Pop
 825	Toddler Tunes
 1574	Toddler Tunes
 141	Tr3s: MTV, Musica y Mas

Ch.	Station
 506	Tr3s: MTV, Musica y Mas
 662	Travel Ch. HD 🛩️
 1488	Travel Ch. HD 🛩️
 62	Travel Ch. 🛩️
 839	Tropicales Gebien
 1588	Tropicales Gebien
 67	truTV 🧑
 667	truTV HD 🧑
 1430	truTV HD 🧑
 553	TUDN 🏈
 703	TUDN 🏈
 1229	TUDN 🏈
 169	Turner Classics
 769	Turner Classics HD
 1755	Turner Classics HD
 3286	TV Asia
 3102	TV Asia HD
 548	TV Chile Internacional
 137	TV Games Network SD
 3290	TV Japan 🇯🇵
 3180	TV Japan HD
 346	TV Land
 1426	TV Land HD
 173	TV One
 684	TV One HD
 1626	TV One HD
 3265	TV5Monde HD 🇫🇷
 3294	TV5Monde SD 🇫🇷
 534	TVE America
 252	TVK1 🇰🇷
 546	TVV
 3308	UniMas HD <i>West</i>
 552	UniMas <i>West</i>

Ch.	Station
 128	Universal Kids
 740	Universal Kids HD
 1707	Universal Kids HD
 239	Universo
 510	Universo
 554	Universo HD
 1232	Universo HD
 3311	Univision HD
 551	Univision Network <i>West</i>
 172	UPtv
 772	UPtv HD
 1457	UPtv HD
 37340	Urban Beats
 21	USA Network
 621	USA Network HD
 1403	USA Network HD
 61	VH1
 661	VH1 HD
 1607	VH1 HD
 229	Vice
 656	Vice HD
 1436	Vice HD
 503	Video Rola
 536	ViendoMovies
 3447	ViendoMovies HD
 519	Vme Kids SD
 537	WAPA America SD
 117	WE tv
 717	WE tv HD
 1428	WE tv HD
 1102	Weather Channel HD
 3285	Willow Cricket 
 3101	Willow Cricket HD 

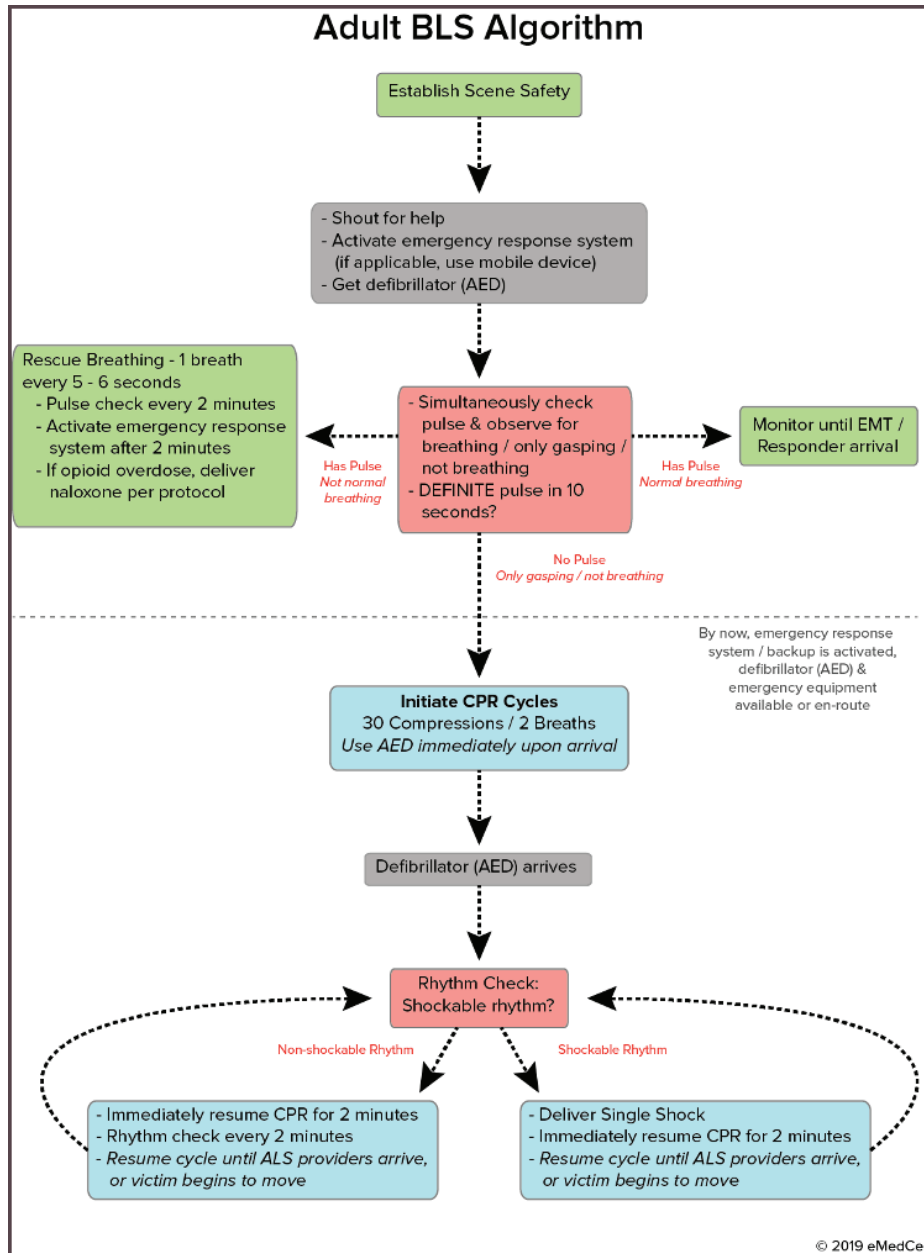
Ch.	Station
 620	Xfinity Black Experience
 1622	Xfinity Black Experience
 1884	Xfinity Parental Controls
 1895	Xfinity Parental Controls
 826	Y2K
 1575	Y2K
 1495	Z Living HD
 3103	Zee TV HD
 3287	Zee TV
 1228	Zona Futbol 
 3491	Zona Futbol SD 

Legend	
SD	Standard Definition
HD	High Definition
<i>Grey</i>	<i>Non-network channel</i>
	Local Channels
	Multicultural
	News & Weather
	Music & Videos
	Relaxation 
	Movies & Entertain.
	Sports
	Home Shopping
	Kids, Teens & Family
	Spiritual



WHAT TO DO IF A PERSON FALLS UNCONSCIOUS (see BLS flowchart below):

1. Ensure you are not in danger (e.g. exposure to electricity or carbon monoxide)
2. Call for help (911 and/or for bystander)
3. Check for responsiveness verbally, and if not, to a painful stimulus. If no response, then...
4. Start chest compressions (fast and hard! >1 per second)
5. *In suspected opioid overdoses and children, give 3 small rescue breaths before compressions. Attempt to open airway with Chin Tilt Maneuver (*bottom image*)
6. Continue CPR and ventilations at ratio of 30:2 (meaning, after thirty compressions, give two rescue breaths)
7. Reassess patient and quickly return to compressions/ventilations (#4)



Chin tilt maneuver to open a person's airway (helps airflow for rescue breathing):

- 1) Tilt head back
- 2) Pull chin up

